



## RESPITE CARE

### **The aim of the Respite Care programme is:**

To enable older people who have a high level of disability and care needs to continue to live at home for as long as possible, rather than entering long term institutional care, by giving regular relief to informal caregivers. The service is at no direct cost to the clients and families.

### **Who can use the Respite Care Programme:**

People aged 65 years and over or similar in age and interest, who are being cared for at home and have a high level of ongoing disability and dependency needs. The demands on their permanent live-in carer(s) are considerable.

### **What is Respite Care:**

Respite Care is providing regular, planned periods of relief for carer(s) when the client enters a rest home or hospital for an arranged period of time.

### **Where is Respite Care provided:**

Respite Care is provided in a variety of locations and rest home and hospital facilities throughout Northland. We attempt to arrange a respite placement that is near where you live.

### **Who arranges Respite Care?**

Respite Care is arranged by the Needs Assessment Service with the client, carer and family/ whanau. It aims to find a placement and develop a plan that will best suit their needs.

### **How is the programme accessed?**

Before the client enters the programme a Needs Assessment is completed that guides the choice of placement and the programme that is developed.

### **Who can refer clients?**

Any person who is involved with the client can refer them to the programme, eg, the GP, community health professional, or the caregiver. It is important that the client, caregiver and family/whanau know and agree to being referred.

### **For more information or to access the programme contact:**

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